

Summer 2022 Schedule

# FREE YOGA CLASSES

AT ABSECON LIGHTHOUSE

SPONSORED BY THE LEADERSHIP STUDIO



## JULY

Thurs 7/7 6:00 PM

Tues 7/12 5:30 PM

Farmers Market 4:00-7:00 PM

Thurs 7/14 6:00 PM

Thurs 7/21 6:00 PM

Tues 7/26 5:30 PM

Farmers Market 4:00-7:00 PM

Thurs 7/28 6:00 PM

## AUGUST

Thurs 8/4 6:00 PM

Tues 8/9 5:30 PM

Farmers Market 4:00-7:00 PM

Thurs 8/11 6:00 PM

Thurs 8/18 6:00 PM

Tues 8/23 5:30 PM

Farmers Market 4:00-7:00 PM

Thurs 8/25 6:00 PM



# THE LEADERSHIP STUDIO

Yoga Mats  
Will Be  
Provided

