



FOR IMMEDIATE RELEASE

Contact: Jean Muchanic (609) 449-1360

ABSECON LIGHTHOUSE HOSTS “LIGHT & SOUND HEALING ARTS FESTIVAL” ON SATURDAY, MAY 1ST

Absecon Lighthouse, New Jersey’s tallest and the country’s third tallest masonry light, has been selected by SeaGoddess Healing Arts, LLC, as the location for their “Light & Sound Healing Arts Festival,” and has designated Absecon Lighthouse as the beneficiary of their fundraiser. SeaGoddess Healing Arts, LLC, has crafted the event as follows:

Welcome to the **LIGHT & SOUND HEALING ARTS FESTIVAL** at Absecon Lighthouse brought to you by Sea Goddess Healing Arts, LLC. We invite you to join us for a day of COMMUNITY, HEALING, ART, MOVEMENT, LIGHT, and SOUND. Guests are encouraged to picnic on the beautiful lighthouse grounds while enjoying YOGA, MUSIC, VENDORS, MEDITATION, WORKSHOPS, FOOD TRUCKS and MORE! Be sure to bring your blanket and your yoga mat! This will be a rain or shine event sponsoring Absecon Lighthouse. Donations to the lighthouse are greatly appreciated and encouraged so that we can continue to keep the light shining. Lighthouse climbs will be available at a discounted rate in the gift shop during the event. Activities for children will include bubbles, coloring, sidewalk chalk, yoga, dancing and more!

The theme of this event is *“healing forward.”* As we recover from the darkness of this past year, we will come together in the spirit of UNITY and LOVE to HEAL and SHINE OUR LIGHT as a COMMUNITY. There will be artisans and healing artists of all modalities offering their creations & services from reiki, intuitive readings, astrology, sound healing, crystals, jewelry, aromatherapy and so much more! Yoga for all levels will be scheduled throughout the day in addition to wellness workshops with featured healing artists.

The festival will culminate in the evening with a sound bath meditation experience as Abra Merlino of Shift Studio plays the crystal singing bowls using the lighthouse as a natural sound amplifier. During this meditation, you are invited to relax on your blanket or yoga mat and go within as you experience the healing sound vibrations emanating from the lighthouse tower. This lighthouse sound bath experience will be broadcast LIVE thru Sea Goddess Healing Arts and Absecon Lighthouse Facebook pages so we can spread these healing vibes from Atlantic City out to the world.

This will be a beautiful opportunity as a community to rekindle our connection to each other and welcome the return of the LIGHT!

For information on becoming a vendor or reserving a food truck spot, please contact seagoddesshealingarts@gmail.com or visit www.abseconlighthouse.org

Absecon Lighthouse is a state-owned historic property administered by the non-profit Inlet Public/Private Association. Located at 31 So. Rhode Island Avenue in Atlantic City, it is open to visitors Thursdays through Mondays, 11 am to 4 pm. For information call 609-449-1360 or visit www.abseconlighthouse.org.